

2008 MVRA MAY RACE CALENDAR

May 3	SPYMCA 5k	8:00 p.m.	Creston, IA	641.782.9622
May 3	Pilot Knob 15k Trail Race	10:00 a.m.	Forest City, IA	641.424.5161
May 3	May Day 5k	9:00 a.m.	Des Moines, IA	515.964.1628
May 3	Hoofin' It 5k	10:00 a.m.	Grinnell, IA	708.699.8228
May 3	Beat the Street 8k/2 miles	8:00 a.m.	Nevada, IA	515.382.2111
May 3	ChildServe Run 4 the Kids	9:00 a.m.	Johnston, IA	515.727.1478
May 3	Ronald McDonald 5k	1:00 p.m.	Iowa City, IA	319.384.5852
May 3	Prairie du Chien ½ marathon	7:30a.m.	Prairie du Chien, WI	608.412.1954
May 4	CVRA's Mall to Mall 8.5 miles	8:00 a.m.	Cedar Rapids, IA	319.624.2844
MAY 10	MVRA TRAIL RUN 5K/10K	8:00 A.M.	DURANGO, IA	564.564.9548
May 10	Run, Walk & Roll 5k/10k	8:00 a.m.	Carrol, IA	712.792.6922
May 10	5k For PLGA	8:00 a.m.	Marshalltown, IA	641.750.4721
May 11	Quad Cities Distance Classic 1/2 Mara./5k	7:30 a.m.	Rock Island, IL	563.326.1942
May 17	24th Lincoln Bridge Days 5k	8:00 a.m.	Tama, IA	641.484.3984
May 17	Red Brick Run 10k/5k/2 Miles	9:00 a.m.	Bedford, IA	712.523.2656
May 17	Marion Arts Festival 5k Run	8:00 a.m.	Marion, IA	319.373.0741
May 17	Tulip Time 10k/5k	8:30 a.m.	Orange City, IA	712.737.4911
May 17	IFD Race for Dan 10k/5k	8:00 a.m.	Indianola, IA	515.577.4572
May 24	CRFD Firefighters Memorial 5k	8:30 a.m.	Cedar Rapids, IA	319.558.6291
May 24	Stu Nevermann Mem. Run XIX 4 miles	8:00 a.m.	Mason City, IA	641.423.7830
May 24	Lytton Gala Days 5k	8:00 a.m.	Lytton, IA	712.662.4941
May 24	The Wild Five 5k	8:00 a.m.	Davenport, IA	563.323.7025
May 26	Iowa Cubs Memorial Day 5 miles	11:30 a.m.	DesMoines, IA	515.288.2692
May 31	My Waterloo Days 5k	8:00 a.m.	Waterloo, IA	319.230.5241
May 31	Dam to Dam 20k/5k	7:00 a.m.	DesMoines, IA	kilianlm@msn.com
June 14	Grandview Gallop 4 miles	8:00 a.m.	Dubuque, IA	563.552.2239
SEPTEMBER 1	DUBUQUE BENEFIT CLASSIC ½	7:30 A.M.	DUBUQUE, IA	563-663-2458

A FEW 2008 MARATHONS

May 18	GREEN BAY MARATHON	800-889-1859
May 25	MADISON MARATHON	608.850.4900
June 21	GRANDMA'S MARATHON	218.727.0947
August 17	PIKES PEAK MARATHON	719.473.2625
September 28	QUAD CITIES MARATHON	309-751-9800
October 5	LAKEFRONT MARATHON	414.476.7223
October 5	TWIN CITIES MARATHON	612.925.3500
October 12	LASALLE BANK CHICAGO MARATHON	312..904..9800
October 19	DES MOINES MARATHON	515.288.2692
October 26	MARINE CORPS MARATHON	800.786.8762
November 2	NEW YORK MARATHON	212.423.2249