

TRAIL RUN

WOMEN'S 5K

Overall Winner: '94 Laura Knieriem 19:27:4

| AGE | NAME | TIME |
|------------|----------------------|-------|
| 14 & Under | '12 Kylie Kelchen | 21:39 |
| 15-19 | '06 Natalie Conlon | 22:05 |
| 20-24 | '01 Rhonda Becker | 20:32 |
| 25-29 | '12 Jessica Wuellner | 19:46 |
| 30-34 | '12 Jessica Hruska | 19:47 |
| 35-39 | '08 Elizabeth Riffle | 21:02 |
| 40-44 | '07 Kathy Kauder | 21:31 |
| 45-49 | '07 Kathy Kauder | 21:31 |
| 50-59 | '02 Debra Pause | 23:24 |
| 60-69 | '07 Jeanette Raynett | 25:56 |
| 70+ | '10 Jean Marie Hall | 50:49 |

MEN'S 5K

Overall Winner: '11 Nick Bowerman 15:30

| AGE | NAME | TIME |
|------------|---------------------|-------|
| 14 & Under | '11 Ty Kloft | 22:01 |
| 15-19 | '05 Nate Petesch | 16:58 |
| 20-24 | '07 Nick Bowerman | 15:47 |
| 25-29 | '11 Nick Bowerman | 15:30 |
| 30-34 | '12 Marcus Murphy | 16:21 |
| 35-39 | '12 Chad Leitzen | 16:44 |
| 40-44 | '11 Jason Meyer | 17:22 |
| 45-49 | '02 Jamie Brown | 16:48 |
| 50-59 | '96 John McWilliams | 18:32 |
| 60-69 | '06 Tom Kirkwood | 20:56 |
| 70-79 | '12 Tyger Johnson | 23:30 |
| 80+ | '12 Joe Ihm | 39:41 |

***Updated 5/12/2012

TRAIL RUN

MEN'S 10K

Overall Winner: '08 Nick Bowerman 32:11

| AGE | NAME | TIME |
|------------|-----------------------|---------|
| 19 & Under | '12 Kody Fitzjerrells | 34:43 |
| 20-24 | '08 Nick Bowerman | 32:11 |
| 25-29 | '08 Nick Bowerman | 32:11 |
| 30-34 | '11 Mike Rohner | 35:50 |
| 35-39 | '01 Lee Hammerand | 36:41 |
| 40-44 | '95 Mike Knapp | 36:04:4 |
| 45-49 | '95 Mike Knapp | 36:04:4 |
| 50-59 | '94 Darrell Stumme | 39:30 |
| 60-69 | '10 Tom Kirkwood | 47:11 |
| 70+ | | |

WOMEN'S 10K

Overall Winner: '11 Jessica Hruska 39:54

| AGE | NAME | TIME |
|------------|----------------------|---------|
| 19 & Under | '98 Melissa Zeimet | 44:12 |
| 20-24 | '07 Stacy Kennedy | 42:24 |
| 25-29 | '07 Stacy Kennedy | 42:24 |
| 30-34 | '11 Jessica Hruska | 39:54 |
| 35-39 | '11 Heidi Sutter | 43:23 |
| 40-44 | '09 Elizabeth Riffel | 43:02 |
| 45-49 | '12 Sharon Klein | 53:39 |
| 50-59 | '07 Janelle Swanberg | 46:48 |
| 60-69 | '12 Deb Pausz | 56:25 |
| 70+ | '12 Ruth Franzen | 1:18:53 |

***Updated 5/12/2012